ELEMENTARY SCHOOL

MONTH: APRIL 2023

Manners Excellence Safety



The weather is SLOWLY starting to get warmer. It is almost time to get rid of the hats and mitts. Soon enough we will have students playing Ga-Ga Ball and soccer.

We have a small Outdoor Classroom Committee made up of a few students from each class. They have been working hard coming up with ideas for decorating our outdoor learning space, providing more games and expanding our garden. Things will be progressing in the upcoming months.





Due to unforseen supply issues, the Make It Sow company does not have all of their products available at this time. As a result we have decided not to run the fundraiser this year. Maybe will we try it again next year.



Since we are not running the Make it Sow fundraiser, the Home & School Committee, along with MES, has decided to try a Kurt's Sausages fundraiser instead. Kurt's Sausage Company was founded in Salisbury, NB in 1987. All their sausages are made with high quality meat, are 90% lean and contain no fillers. They are completely gluten-free, MSG and additive free. They will come vacuum sealed and fresh frozen. This fundraiser will run from Friday, March 31st to Monday April 17th. Sausages will arrive the first week of May just in time for BBQ season!! Can't wait to fire up the grills!

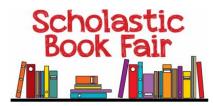
Heart Healthy Schools

This month we are focusing on the Rest & Recharge Challenge. For this, the challenge is to ensure that we have good bedtime routines that promote restful sleep and we will be working on relaxation and mindful techniques. Along with this is reduced screen time. Research has proven that reducing screen time enhances longer sleep time.

Pizza Thursdays

Starting in April, MES will be ordering pizza for lunch on Thursdays from Jack's Pizza and Donairs. Orders MUST be placed through School Cash Online for the month (4 weeks). Pizza choices are pepperoni (with cheese) or plain cheese.

Cost is \$2.50 per slice.



We are very happy and excited to announce that a Scholastic Book Fair is coming to MES - our first one in many years! It will be held at the school from April 11-14. Parents are welcome to come to the school to shop during the week or during parentteacher interview time. Students are really looking forward to the book fair and we love seeing their enthusiasm.

The Book Fair will be open at the school during these hours:

> Tuesday 1:00-2:00 & 2:30-3:30 Wednesday 1:00 - 2:00 & 2:30 -3:30 Thursday 1:00 - 2:00 & 4:00 - 6:00

Friday 9:00 - 2:00

MCADAM ELEMENTARY SCHOOL

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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
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Heart Healthy Schools Challenge #2 Rest & Recharge Challenge - Apr 3 rd - 6th						
2	3	4 K-2 B-ball @ 5	5 Gr.3-5 B-ball @3	6 Report Cards go home	7 No School Good Friday	8
World Autism Day	Village Recycling Day		Muffin Day	Pizza Lunch	World Health Day	
9	10	11 K-2 B-ball @ 5	12 Talk To Your Kid About Money	13	14	15
Happy Easter	No School Easter Monday	Book Fair Starts	Day Gr.3-5 B-ball @3 Smoothie Day	Parent-Teacher Interviews (4:00-6:00pm) Pizza Lunch	No School for students Parent-Teacher Interviews (8:30-11:30am)	
16	Kurt's Sausage's Fundraiser Ends PSSC / Home & School Meeting @ 4:30	18 K-2 B-Ball @ 5	19 Gr.3-5 B-ball @3 Muffin Day	Pizza Lunch	21 Fill Up The Ram Friday	Happy Earth Day
23/30	24	25 K-2 B-ball @ 5	26 Gr.3-5 B-ball @3	Pizza Lunch	28	29
Upcoming Eve	.4.		Smoothie Day			

Upcoming Events:

May 5 – No School for students

May 15 - No School for students

May 22 - Victoria Day (No School)

